



Ist Central Multidisciplinary Consensus about Alzheimer's Disease and related dementias.

Conceptual Framework

It is a reality that Alzheimer's disease or other dementias, are both debilitating conditions for the one that suffers it as for the family. This is recognized by the International Alzheimer's Association.

The projections are very clear, the estimated presence in 2009 was of 36 million patients, with a possibility to double the number every 20 years. By the year 2015, it is expected that 115 million people will suffer this illness.

But a fact that can place Central America in discussion is that the growth is projected to be in countries that have the aging profile as our region.

It is presumed that in regions like ours, 90% of the cases are not diagnosed at early stages, therefore the therapeutic approach is not prompt.

For these basic reasons International Associations are interested in this subject, promoting the importance of developing strategies for early diagnosis, training of consultants and the integration of different leads in the health systems.

General Objective

Create a centralamerican regional document that standarizes general criteria, approach and management of dementias such as Alzheimer.

Specific Objectives

- Update and standardize the knowledge available in Alzheimers Dementia.
- Learn different international management proposals and build consensus on the essentials to implement in our region.
- Develop clinical skills in diagnosing Alzheimer's dementia.
- Promote a regional work plan of the invited experts to outline the progress of the proposal.
- Establish a working tool that allows interactive progress.

Goals

- Update information given by the experts.
- Build a consensus document of the basic issues.
- Establish the bases of a Central American Confederation for the Study of Dementias.

